

General Information

Surname: Doostan

Forename: Farideh

Degree: Ph.D. in Nutritional Sciences

Academic position: Assistant Professor, Kerman University of Medical Sciences

Iranian Medical Council, Registration NO: NUT-1083

Education and professional training:

- 1- Ph.D: Nutrition ,Faculty of Nutrition , Tabriz University of Medical Sciences ,Tabriz, Iran,
- 2- M.S: Nutrition , Faculty of Nutrition , Tehran University of Medical Sciences, Tehran , Iran
- 3- B.S: Biology, Faculty of Sciences , Razi University, Kermanshah, Iran
- 4- Six months study as part of Ph.D candidate at St, Michael Hospital,University of Toronto, Canada.
- 5- Fellowship of Medical Education, Kerman University of Medical Sciences, Kerman, Iran,

Research Projects (completed):

1-Nutritional status of Iron, folate, and Vitamin B12 in a group of pregnant and non pregnant women in Kerman, Kerman University of Medical Sciences,1993 (published)

2-Iron deficiency anemia in high school girls in Kerman, Kerman University of Medical Sciences, 1995. (published as abstract)

3- Energy intake, serum lipids levels and anthropometric indices among university students of Health and Nutrition Faculty in Tabriz ,Tabriz University of Medical Sciences, 1999. (published as abstract)

4-Ph.D Thesis: *Study of Nutritional Status of Iron and Vitamin E and their Relationship with Lipid Peroxidation in Patients with Coronary Artery Disease* Tabriz Heart Research Centre, Tabriz University of Medical Sciences. (published)

5-Body Mass Index,Fat distribution and Food Pattern among university students of Health Faculty, Kerman University of Medical Sciences, in 2007. (Published)

6-Effect of supplementaion of ferozobin and carnitin in childeren with ALL (Acute Lymphoblastic Leukemia) in Afzalipour Hospital, Kerman University of Medical Sciences, 2010. (published)

7-Study of relationship between breakfast, snack intake and BMI in junior high school girls in Kerman city, 2012

Curriculum Vitae

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Department of Nutrition/Health Faculty

Kerman University of Medical Sciences, Iran

Tel:0098-034-31325085, Fax :0098-0341-31325086

E-Mail:f_doostan@kmu.ac.ir

8-Determination of level of zinc serum in children with cancer before and after chemotherapy in Afzalipour Hospital, 2012. (published).

9-Assessment of fruit and vegetable intake pattern and anthropometric indices in college students of health faculty, Kerman medical university, 2013.

10- Evaluation of dietary quality using Healthy Eating Index 2005 in college students of Kerman University Medical Sciences, 2013

11-Effects of clinical nutrition education on blood glucose and serum lipids control in type II diabetic patients referring to diabetes clinic in Shahid Bahonar Hospital, Kerman city 2012.

12-Study of nutrition knowledge level of medical interns and residents in Kerman university of medical science, 2014.

13- Nutritional status of the elderly people covered by hospice. Kerman-2015.

14 -Study of Environmental Factors associated with Growth delay among 3-72 Months Old Children in Sarbisheh, Southern Khorasan province. Iran, 2013.

15-Evaluation of nutrition knowledge in pregnancy of pregnant women referred to Afzalipour hospital, Kerman medical university, 2014.

16-Evaluation of nutrition knowledge in mothers who have child with diarrhea referred to Afzalipour hospital, Kerman medical university, 2014

Ongoing Research Projects:

1-Synthesis of poly (cyclodextrin-co-guanidine) by epichlorohydrin and preparation of inclusion complex with riboflavin (vitamin B2) for enhanced stability and solubility and its controlled release, 2015

Publications:

Scientific Journals (full text in Persian)

1-Djalali M, Djazayeri A, Doostan F. Anemia due to folic acid, Vitamin B12 and Iron deficiencies in a group of pregnant and non pregnant women in Kerman city, Iranian Journal of Public Health, 24(1-2):25-34, 1995

2- Doostan F, Egtesadi S, Rahbani M, et al. *Nutritional status of iron in patients with Coronary Artery Disease*, Yafteh Journal, Lorestan University of Medical Sciences, 6(2):17-24, 2004

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- 3- **F Doostan**, Food pattern and Anthropometric indices of students in Kerman Medical University. journal of Kerman Medical University ,2012,19(4):392-404
- 4-Nadery A, **Doostan F**, Shahbi Nejad A, Dehghani A, Haytbakhsh Abbasi M . *Effect of Dietary supplementaion of pedisure and carnitine on the anthropometric indices with Acute Lymphoblastic Leukemia*, in Afzalipour Hospital, Kerman,Iran. journal of Kerman Medical University ,2014;21(4):332-334.
- 5- **Doostan F**, Mohammadi F, Borhan nejad M³, *Evaluation of fruit and vegetable consumption based on Food Guide Pyramid Recommendations in college students of Health Faculty ,Kerman University of Medical Sciences in 2013*, Journal of Heath and Development(in press).
- 6- **Doostan F** Lashkary T. Clinical nutrition education: *Its effects on blood glucose and serum lipids control in type II diabetic patients referring to diabetes clinic in Shahid Bahonar hospital , Kerman city in 2012*, Journal of Heath and Development (in press).

Scientific Journals (full text in english)

- 1-Naderi A, Farahmandinia Z , Shahraki Ghadimi Z, **Doostan F**, Shahraki Ghadimi H⁴, Madahian ⁵, Haytbakhsh Abbasi M⁶, *Determining Serum Zinc Level in Children with Cancer before and 3 Months after Chemotherapy in Kerman Province, Iran*, 2012, Iranian Journal of Blood and Cancer 2013;3: 87-91(Iranian journal).
- 2-Tehrani H, Shojae Zadeh D, Khanjani N, Majlesi F, Sadeghi R, **Doostan F**. Modern media-based intervention on promotion of women's physical activity. Wulfenia J.2014;21(6):260-270.
- 3- **Doostan F**. Assessment food pattern and anthropometric indices in students of Kerman Medical University, 9th International Congress on Coronary Artery Diseas. International Proceeding,Venice,Italy,October 23-26, 2011, p:119-123.
- 4- Noorshahi N, Sotoudeh G, Djalali M, Eshraghian M R, Keramatipour M, Ghane Basiri M, **Doostan F** , Khodani F*. APOA II genotypes frequency and their interaction with saturated fatty acids consumption on lipid profile of patients with type 2 diabetes, J of Clinical Nutrition . (article in press), 2015;1-5.
- 5- Heydari A, Iranmanesh M, **Doostan F**, Sheibani H *.Preparation of inclusion complex between nifedipine and ethylene diamine-b-cyclodextrin as nanocarrier agent .Pharmaceutical chemistry j.2015;49(9).

Nutrition Congress (in English)

- 1- **Doostan. F**, Egtesadi.S, Safaiyan.A.R, Ostadrahimi.A.R. Study of association of blood lipid with energy intake and anthropometric indices. 17ThInternational congress of nutrition , Austria, Vienna, 2001,26-31 Aug. Amn Nutr Metabol, 2001; 45(suppl): 1-604, P: 128-129
- 2- **Doostan. F**, Egtesadi .S, Safaiyan A.R,Ostadrahimi A. R. Comparative study of serum lipids and adiposity in young adults. 9th World Congress on Clinical Nutrition , Evidence based nutrition in care,Performance & Prevention.UK,London, 2002, June 24-27, No: AB 126. P: 142, University of Westminster.
- 3- **Doostan F** , S Egtesadi, AR safaiyan, AR Ostadrahimi Assessment of serum lipid ratios, dietary fat intake and adiposity. Canada ,Vancouver,3rd World Congress& Exposition. child, youth , heallh, 2003 , May 11-14, P-005.
- 4- **Doostan F** , S Egtesadi,Nakhaei N,Rahbani Nobar M, Salehi R.Study of relationship between body iron status and coronary artery disease. Public World Congress on Health Nutrition,Barcelona, Spain,2006 , September 28-30, p:217
- 5- **Doostan F**, S Egtesadi,Nakhaei N Comparison of some risk factor for coronary artery disease in patiets who referred to Shahid Madani Centre of Heart Disease in Tabriz..3rd International Congress on Prediabetes and the Metabolic Syndrome,Nice,France,2009April,1-4,journal of diabetes vol 1 supplement1, p:A225
- 6- **Doostan F** ,S Egtesadi,Nakhaei N Comparison of some risk factor for coronary artery disease in women who referred to Shahid Madani Centre of Heart Disease in Tabriz,Iran..9th International Congress Nutrition,Bangkok,Thiland , 2009 October 4-9, p:243
- 7 **Doostan F**, S Egtesadi,Nakhaei N Nutritional status of vitamin E in men who referred to Shahid Madani Centre of Heart Disease in Tabriz,Iran.. 19th International Congress nutrition,Bangkok,Thiland,2009, October 4-9, p:244
- 8- **Doostan F**, S Egtesadi,Nakhaei N. Comparison of some nutrients intake and obesity indices in men who referred to Shahid Madani Centre of Heart Disease in Tabriz2rd World Congress of Public Health Nutrition,porto, portugal,2010, September 23-25, abstracts of the II world Congress of Public Health Nutrition,Latinamerican Congress of Community Nutrition,pp:224-225
- 9- **Doostan F**. Javid Kheyri S.Assessment of cardiac risk factors in university students ,Kerman Medica University. International Congress on Coronary Artery Diseas,Venice,Italy,October 23-26 ,2011, p:765
- 10- Naderi, A. Shahabi Nejad, **Doostan F** Effects Of Dietary Supplements; Pediasure And Carnitine On The Anthropometric Indices In Children With All Under Chemotherapy, In Afzali

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Poor Hospital , Kerman,Iran,A., 20th International Congress of Nutrition,Granada, Spain, September 15–20, 2013:451, Ann Nutr Metab.

11- **Doostan F**, Nosrati M, Mohseni-Takalloo S: An Investigation of Compliance of Kerman College Students' diet with WHO/FAO Nutrition Targets. ¹⁷ International Conference of Food and Nutrition Sciences, Zurich,Switzerland, July 29-30, 2015:2961.International Sciences Index, International scolarity and Scientific Research and Innovation.

12- **Doostan F**, Lashkari T,Rayani E. Effects of nutrition education on diabetes control in type II diabetic patients in a diabetes centre in, Kerman, Iran.IDF,Vancouver 2015,30 Nov - 4 Dec

Iranian Nutrition Congrass (in persian)

1-**Doostan F**, Djalali M,Djazayery A, *Nutritional status of folate, and Vitamin B12 in a group of pregnant and non pregnant women in Kerman* . 2th Iranian Nutrition Congress ,Tabriz University of Medical Sciences,NO:56 , 1992

2- **Doostan F** , Djalali M,Djazaari A. *Nutritional status of Iron in a group of pregnant and non pregnant women in Kerman* .*Iranian Biochemistry Congress and Continious Medical Education*, Tehran University of Medical Sciences, p:106,1994

3-**Doostan F**. *Iron deficiency anemia in high school girls in Kerman*. 3th Iranian Nutrition Congress, Isfahan University of Medical Sciences, p:99, 1994

4- **Doostan. F**, Egtesadi.S, Safaiyan.A.R, Ostadrahimi.A.R. *Energy intake, serum lipids levels and anthropometric indices among university students of Health and Nutition Faculty in Tabriz*, Tabriz University of Medical Sciences. 6th Iranian Nutrition Congress,Ahvaz University of Medical Sciences, p:20, 2000

5- **Doostan. F**, Egtesadi.S, Safaiyan.A.R, Ostadrahimi.A.R. *Serum lipids in male and female university students*.7th Iranian Nutrition Congress.Gilan University of Medical Sciences, 2002

6- **F Doostan** , S Egtesadi,Nakhaei N. *Evaluation of some risk factor for coronary artery disease in women who referred to Shahid Madani Centre of Heart Disease in Tabriz* ,9th Iranian Nutrition Congress.Tabriz University of Medical Sciences, 2006

7- **F Doostan** , S Egtesadi,Nakhaei N. *Nutritional status of vitamin E in men who referred to Shahid Madani Centre of Heart Disease in Tabriz*, 9th Iranian Nutrition Congress.Tabriz University of Medical Sciences, 2006

8- **F Doostan** , S Egtesadi,Nakhaei N. *Comparison of some nutrients intake in men with and without coronary artery disease who referred to Shahid Madani Centre of Heart Disease in Tabriz*, 1th Iranian Congress of Metabolic Syndrom.Tabriz University of Medical Sciences, 2006

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9- **F Doostan** , S Egtesadi,Nakhaei N. *Comparison of some risk factor for coronary artery disease in men with and without coronary artery disease who referred to Shahid Madani Centre of Heart Disease in Tabriz*, 1th Iranian Congress of Metabolic Syndrom.Tabriz University of Medical Sciences, 2006

10- **F Doostan** , S Egtesadi,Nakhaei N. *Comparison of some risk factor for coronary artery disease in men and women who referred to Shahid Madani Centre of Heart Disease in Tabriz*, 10th Iranian Nutrition Congress.Tehran University of Medical Sciences, 2008

11- **Doostan F**, Javid Kheyri S. *Food pattern among university students of Health Faculty in Kerman*. 11th Iranian Nutrition Congress.Shiraz University of Medical Sciences, 2010

12- **Doostan F**, Javid Kheyri S. *Body Mass Index, Fat distribution among university students of Health Faculty in Kerman*. 11th Iranian Nutrition Congress.Shiraz University of Medical Sciences,2010

13- **F Doostan**,Nosrati M , Fahmideh R,Mohseni –Taklloo S, *Diet quality in college students in school of Health*, Kerman University of Medical Sciences based on Healthy Eating Index 2005.1st International nutrition congress and 13th Iranian Nutrition Congress.Shid Beheshti University of Medical Sciences,2014;(1)supplement 1:89

14- **Doostan F**, Mohammadi F. *Iron and Zinc: Daily intake in college students of Health Faculty in Kerman University of Medical Sciences* ,4th Iranian Congress of Trace Elements , 2014

My Interests:

- Community nutrition
- Food and nutrition policy
- Diet and other life style in health and disease
- Diet quality
- Community nutrition education
- Food Safety
- Growth of children

Counselor-

Nutrition counselor at a clinic affiliated to Kerman University of Medical Sciences, 2010 -2012.
Students counselor, 2007-present, Health Faculty , Kerman University of Medical Sciences

Workshops- Participated in about 60 workshops, Kerman University of Medical Sciences 1990-2015

Coordinator- of organizing 5 scientific workshops, Kerman University of Medical Sciences, 2007-2009

Congress/Seminar /TV Presentation

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- 1- Speaker: Hormonal and Nutritional Homeostasis of Glutathione. 6th Iranian Nutrition Congress, Ahvaz University of Medical Sciences, 2000
- 2- Speaker: Guideline in nutrition programs, Health Faculty, Kerman University of Medical Sciences, 2007
- 3- Speaker: Food supplement and its history. Faculty of Pharmacy, Kerman University of Medical Sciences, 2007
- 4- Speaker: Nutrition and infection. Faculty of Pharmacy, Kerman University of Medical Sciences, 2008
- 5- Speaker: Nutrition Improvement. Kerman University of Medical Sciences, 2009
- 6- Speaker: Nutrition and diabetes. Kerman University of Medical Sciences, 2009
- 7- Speaker: Nutrition and cardiovascular disease. Kerman University of Medical Sciences, 2010
- 8- Speaker, a TV program about obesity, Channel 5 of Islamic Republic of Iran Broadcasting (IRIB5), 2009

Iranian Congress and Membership

- 1- Participation in Iranian Nutrition congress (collectively 13 congress), 1990-2015
- 2- Member of Scientific Committee in the four Iranian Nutrition Congress (9, 10, 11 and 12th) 2006, 2008, 2010, 2012
- 3- Member of Iranian Nutrition Society, NO:238, 1987-current
- 4- Member of Medical Environment Research Committee, Health Faculty, Kerman University of Medical Sciences, 2007-current